Volume 9, Number 6 March 26-April 8, 1994

UCSF Newsbreak

George Kenyon appointed dean of School of Pharmacy

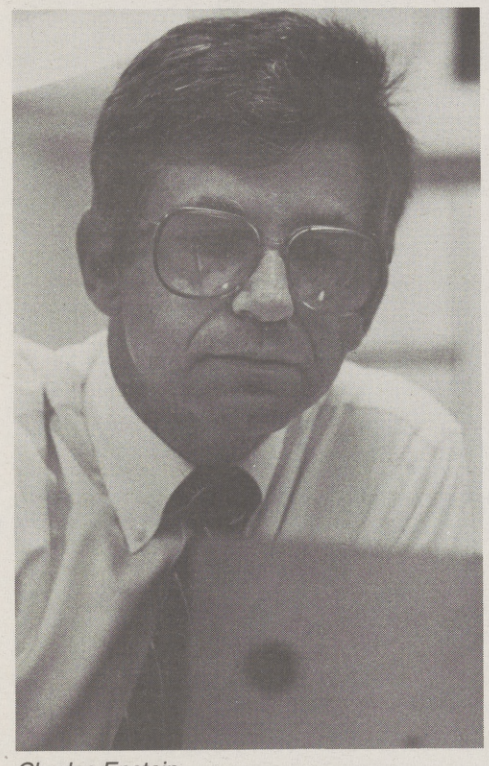
The appointment of George Kenyon to be dean of the School of Pharmacy has been recommended by Chancellor Joseph B. Martin. The appointment will be effective following approval by the UC Board of Regents at their May meeting. Kenyon has served as interim dean of the school since the beginning of last year when Dean Jere Goyan retired.

As dean, Kenyon will be responsible for planning, budget, personnel, and program development and implementation. He will provide overall management to the school and its programs and personnel, including 500 professional students, 80 graduate students, 75 postdoctoral students, 100 salaried faculty, over 500 volunteer clinical faculty and 250 staff. The school runs satellite training programs at UC Davis, UC Irvine and UC San Diego.

Surveys have long ranked the School of Pharmacy as the top pharmacy school in the country. The school pioneered the training of pharmacy students in clinical settings, and it was the second pharmacy school in the nation to offer the PharmD degree. The school repeatedly has earned more financial support than any other pharmacy school receiving NIH funds to conduct original research studies.

Kenyon's own wide-ranging research is aimed at understanding mechanisms of enzymatic actions, and at designing new strategies to block the actions of enzymes in ways that may lead to new drugs. In 1986 he won an NIH Merit Award for his research. Kenyon now directs a $10 million NIH-supported research project to design new AIDS drugs.

Kenyon came to UCSF as an assistant professor of pharmaceutical chemistry in 1972, became associate professor in 1974, and full professor in 1977. He has been chair of the Department of Pharmaceutical Chemistry since 1982, a position he now will resign.



Charles Epstein

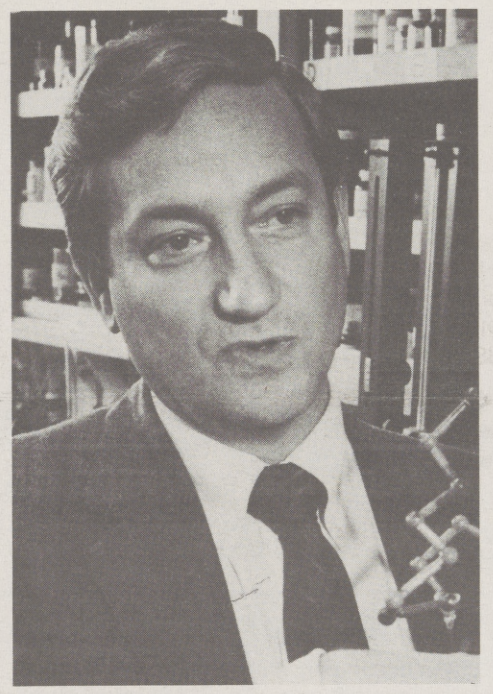
Charles Epstein is 37th Faculty Research Lecturer

Medical geneticist Charles J. Epstein has been selected as the 37th Faculty Research Lecturer. A professor of pediatrics and biochemistry, Epstein will discuss "From Trisomies to Transgenes: Models of Human Disorders Caused by Chromosome Imbalance & by Oxygen-Free Radicals," during UCSF's Founders Day celebration on Thursday, April 28, at 2:30 p.m. in Cole Hall.

Sponsored by the Academic Senate, the lectureship represents the foremost recognition for scientific achievement bestowed on a distinguished member of the UCSF faculty.

Epstein, who has spent much of his career studying the problems caused by Down syndrome, is chief of the Division of Medical Genetics and director of the UCSF Birth Defects Center, which he established in 1967. Since then he has been responsible for creating genetic counseling clinics throughout California.

He is chair of the National Down Syndrome Society's science advisory board, where he has been instrumental in fostering quality research in Down syndrome throughout the world. He also chairs the national Residency Review Committee for Medical Genetics. One of five editors of *Human Genetics*, he is the former editor of the *American Journal of Human Genetics* and just stepped down as president of the American Board of Medical Genetics. In 1990, he received the prestigious Nancy and Daniel Weisman Award for exceptional research in the field of mental retardation.



George Kenyon

Epstein has played a key role in developing laboratory animals with chromosome imbalance similar to that found in Down syndrome. Using these animal models, he and his collaborators have done important work on the abnormalities of the immune and nervous systems in the disease and have identified how an enzyme found in elevated amounts in Down syndrome patients — superoxide dismutase — may affect the central nervous system and the response to free radicals.

Epstein's lecture is one of several events celebrating UCSF's Founders Day, including the UCSF Medal dinner, a special staff luncheon, and the "Wondrous Voyages" symposium. See adjacent article and future issues of *Newsbreak* for more details.

Voyage symposium charts healthy course

Improving America's health has always been UCSF's principal objective. And as medical and scientific knowledge have grown exponentially over the last 50 years, UCSF has been a catalyst, pushing the boundaries of discovery in every field from genetics to cardiology. Indeed, the pace of discovery has been so fast that there has been little time to absorb the changes, let alone reflect on their significance.

On Wednesday, April 27, UCSF is sponsoring a science and health public forum at the Center for the Arts Theater at Yerba Buena Gardens — entitled "Wondrous Voyages: Science and Health for a New Century" — that will attempt to place these changes into the context of our daily lives as well as explain and demonstrate how our lives are being transformed in the process. The morning session, "Translating Science to Treatment," will use specific examples to show how basic science travels from lab bench to bedside and what spells the difference between failure and success. The afternoon session, "Meeting Today's Health Challenges," will examine how education, prevention and politics are intertwined with scientific achievement and why good health can sometimes be more a product of sociology than biology.

Forum organizers hope that the public will

(continued on page 6)

Comedy night to benefit homeless clinics

Three evenings a week, at least a dozen UCSF medical students hop onto an N Judah and head downtown. Their destinations may come as a surprise to some — Fifth and Bryant and Sixth and Mission — the heart of the homeless.

For several hours the students will provide primary care for the homeless — from a bruised and bloody knee to a referral for AIDS treatment — at two South of Market centers, the South of Market Multi-Service Center and the Sixth Street Free Medical Clinic.

It all began three years ago, when four UCSF medical students visited the City's shelters to learn about the health care needs of the homeless population. The students quickly realized that there was a drastic need for services, and under the guidance of the Department of Public Health's San Francisco Health Care of the Homeless program, they opened a clinic in January 1992. The clinic operated one night a week at the South of Market Multiservice Center, a shelter for homeless men. But, just four months later, the student support for the clinic was so tremendous that they expanded operations to two nights a week.

Since that time, the project has expanded to the additional clinic site at Sixth and Mission. Every Wednesday evening, at that site primary care and health education is available to men, women and children, many of whom live in single-occupancy hotel rooms.

The students not only manage administrative tasks, but are the primary caregivers. After performing a full examination on the patient, the student presents the patient to the attending physician. Together they develop a treatment plan that includes follow-up and health education. "The outcome is a safe learning environment for the students while maintaining high quality care for the homeless patient,"

(continued on page 2)

Martin to Faculty — "Next few months are crucial to UCSF's future"

With nine months now under his belt, Chancellor Joseph Martin made an address to the Academic Senate on March 14 to discuss UCSF's progress, problems and future plans.

"These first nine months were a mere prelude to the next three to six months, which in my opinion, will be for UCSF the most important time of the last 20 years," said Martin. "In the next few months we will take actions that will set the trajectory of UCSF well into the next century."

Not ignoring the problems the University faces, including state budget cuts, Martin said he felt there was a philosophical change in Sacramento. The Governor's recently proposed budget for 1994-95 contains funds for a cost of living adjustment and merits for staff and faculty.

Long- and short-range plans

In the next few months, said Martin, those involved with the Long Range Development planning process will announce their preferred choices for a second major UCSF site, or satellite sites. In addition, short-term development plans also are very near. "Last fall we asked developers to provide information on possible sites for a 100,000-square-foot research building in or near San Francisco," said Martin. "More than 20 responded. That list has been cut to six and in a few months it will be pared further."

Martin reiterated UCSF's interest in the Presidio. He said certain needs must be met, however, including an affordable lease lasting at least 50 years for the entire Letterman Hospital/LAIR complex (60 acres in all), the ability to demolish unusable space, and to conduct mostly NIH-funded research without undue restrictions by the National Park Service.

(continued on page 2)

"WONDROUS VOYAGES" REGISTRATION FORM

Please complete this form and mail to the address below. Print clearly.

Name:_____
Last First Middle Initial

Address:_____
Street City Zip

Phone: (_____) _____ (_____) _____
Weekday Evening

Fees: $50 per registrant (there is a $3 handling charger per order.)

Number of Registrants*_____x $50 = $_____+ $3 handling fee = $_____

Payment Method: ☐ Check (Make payable to Center for the Arts) ☐ VISA ☐ MC ☐ AMEX

Credit Card Number: _____/_____/_____/_____ Expires___/___/___

Please charge: $_____ to my credit card. _____
Authorized Signature

Return to: **Center for the Arts Ticket Office, 701 Mission St., San Francisco, CA 94103-3138**

NOTE: A separate form **must** be completed for each registrant.

Please indicate if you need: ☐ Wheelchair access ☐ Sign language interpreter

Please put me on the **waiting list**: ☐ Yes ☐ No

Gazette

Honors & Awards

Colleen L. Johnson: Honored at the 1994 Tribute Dinner of the San Francisco Senior Center for her research on the very old (85 years or older). Her research focuses on the kind of competency the very old need to remain in the community. Johnson is professor, medical anthropology.

Mary Anne Koda-Kimble: Elected president-elect, American Association of Colleges of Pharmacy. She will be installed as president in July of 1995 and is the first woman ever to hold that office. Koda-Kimble is professor & vice chair, clinical pharmacy.

Carmelina Rodriguez (third from left), Edilberto Rodriguez' mother and one of the award selection committee members, presents Lee Atkinson (far left) with the Rodriguez Award. Eliseo J. Pérez-Stable (center), associate professor, medicine, is a member of the selection committee and Sylvia Correro (far right) coordinates the award process.

Rodriguez Award goes to Lee Atkinson

Lee Atkinson, a fourth-year medical student, has received the 1993 Edilberto Antonio Rodriguez Award, which is presented annually to the medical student who best exemplifies the qualities of the former UCSF student and physician. Atkinson's strong commitment to community service for underrepresented populations best reflects the efforts that Rodriguez made through his work at UCSF and in the Latino community.

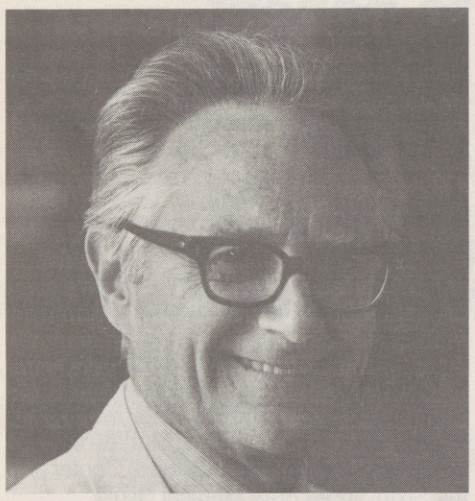
Atkinson has volunteered with the Adolescent Substance Abuse Prevention Program (ASAP) at the Youth Guidance Center of San Francisco and UCSF's Science & Health Education Program (SEP), as well as at the Mission Neighborhood Health Fair. She also has co-coordinated a course entitled "Health Care in Minority Populations: Substance Abuse."

A native of St. Andrew, Jamaica, Atkinson plans to work in adolescent medicine, specifically with minority adolescents. "This group faces the highest rates of suicide and homicide in this country," she says, "and sexually transmitted diseases, including AIDS, are afflicting them at some of the highest rates seen in the US."

She also points out that the group's dietary habits are usually poor, often leading to higher rates of cancer, diabetes and coronary artery disease than their non-minority counterparts.

Rodriguez was a 1980 School of Medicine graduate who remained an active member of the UCSF community. He was an assistant clinical professor, medicine, at the time of his death from cancer in 1987.

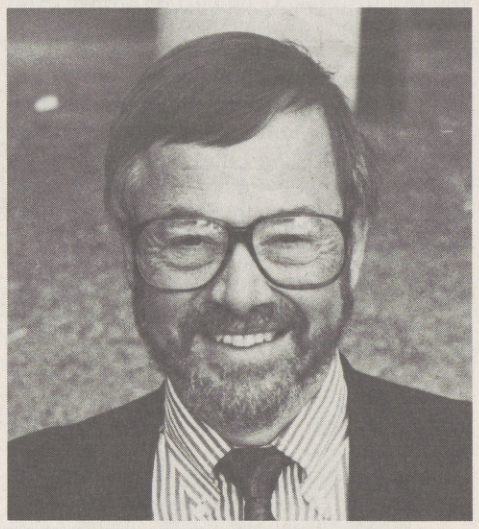
Appointments



Richard J. Havel: Appointed interim director, Cardiovascular Research Institute, replacing Lewis "Rusty" Williams who will continue to direct the Daiichi Research Center for the Study of Cardiovascular Disease. Havel, whose 40-year research career laid the foundation for our current understanding of how the body deals with fats and cholesterol, directed the CVRI from 1973-92. His research has helped provide the basis for dietary recommendations for the prevention and treatment of high blood fat and cholesterol levels. It has focused on the proteins that control the movement of dietary fat and cholesterol through the blood and in and out of tissue. This work led him to the discovery of two genetic disorders that interfere with this movement. A professor of medicine and chief of the Department of Medicine's Metabolism Division on Parnassus, Havel also directs the Specialized Center for Research on Arteriosclerosis.

Greenspan third faculty member to lead IADR

John Greenspan, professor & chair, stomatology, professor, pathology and director of the UCSF Oral AIDS Center, is the new vice president, International Association for Dental Research (IADR). After completing his term as vice president, Greenspan will become president-elect and subsequently president in 1996. He is the third UCSF School of Dentistry faculty member selected to lead the IADR in recent years. Ernest Newbrun, professor, oral biology & periodontology, served as IADR president in 1989-90. John C. Greene, dean, School of Dentistry, held the position in 1992-93.



Martin *(from page 1)*

Laurel Heights

Martin said in the next three months he would like to transform the Laurel Heights building "from an albatross to an asset." While approximately half the building remains empty, half of that space is being considered for the social and behavioral sciences. "We also are looking at utilizing a portion of the building to centralize some administrative functions," Martin explained. Another option would have UCSF sharing Laurel Heights with one or more major tenants in the short run. But he added, "This seems increasingly unlikely."

The demolition and construction at Mount Zion also signified another UCSF advance. Apart from the real importance of building a comprehensive center to battle cancer, the new buildings "symbolize that we can move decisively and marshal majority public support." Martin said UCSF is not a paralyzed giant, unable to make decisions — "a university that can't in a city that has forgotten how."

Another example of effective community work, said Martin, is UCSF's new utility plant, which will be built on the site of the Laundry Storehouse Building. "When the first public meetings were held, some Edgewood residents were concerned about the noise levels of a new utility plant." After conducting several studies to see if noise reduction was possible, UCSF agreed to meet the City's noise ordinance limits, even though we are not legally required to do so — a decision that won praise from even our staunchest opponents.

Our role in the new "medical marketplace"

Martin said he was not blind to the changes we have to make in the new "medical marketplace." He said a task force has made recommendations which show that UCSF "cannot survive as a tertiary referral center with only a skeleton primary care base." Bill Kerr, director of the Medical Center, and his team are now in the process of implementing some of the recommendations.

The need to make informed decisions and choices is an ongoing process, Martin explained, which is why he has created 10 different planning committees to help prepare for a future in which "change is the only constant." The committees include a communications task force, a committee on intellectual property, and a new Strategic Planning Board, which will prepare a five-year academic plan for the campus.

"We have flourished," said Martin, "because we were not afraid to break down the walls between disciplines, to be curious to try new approaches when old ones failed — and to work together. At this critical moment in our history, we need this same spirit."

Chancellor Martin will make another address — this time to all campus staff and students — on Tuesday, April 5, at noon in Cole Hall. It will be telecast to SFGH Conference Rm. 208, Bldg. 30, MCB fourth floor commons and Mount Zion's Herbst Hall.

Comedy night *(from page 1)*

says second-year student Felipe Reilly.

The project now has 30 attending physicians, 100 student volunteers and serves more than 1,500 homeless. "We offer full medical examinations, flu shots and treatment and counseling referrals for a variety of problems, including AIDS and drug abuse," says Reilly. Psychiatric services have just been added, and thanks to the California College of Podiatry, podiatric services.

While there clearly is a drastic need to extend homeless services within this city, funding is scarce. However, UCSF student interest to continue to operate the clinics runs very high. In fact, there were more medical students interested in working at the clinics last fall than there were slots available.

Comedy Extravaganza April 11

In response, the medical students have undertaken a major fundraising effort. Called "Stand-Up Against Homelessness," it is a comedy benefit on Monday, April 11, beginning at 8:30 p.m. at the Westin St. Francis Hotel Grand Ballroom.

The benefit is actually the brainchild of second-year medical student David Rubin, who as an undergraduate at Penn helped produced a similar event in conjunction with *Comic Relief.*

The April 11 benefit is working in association with Bill Graham Presents, which has donated its time and resources to help organize the event.

According to second-year student Shaun Anand, who is helping with the benefit, the evening will feature nationally prominent comedians, the likes of Will Durst (a nominee for Best Stand-up for the past three years at the American Comedy Awards, who has made an appearance on *Late Night with David Letterman*), Rick Overton (who has appeared in the films *Mrs. Doubtfire* and *Groundhog Day*, and on *Comic Relief),* Johnny Steel (who has appeared on MTV's *Half Hour Comedy Hour* and an *Evening at the Improv* and is the recent winner of the Bay Area Comedy Festival), and Dana Gould (a finalist in the recent Bay Area Comedy Festival, who has appeared several times on the Dennis Miller Show, and has written a series of highly praised short films for Fox's *Sunday Comics).*

The comedy show will be preceded at 7:30 p.m. by a dessert reception, at which time art and photographs by homeless artists will be on display.

Tickets for the benefit and reception are $50 each. For further information call 476-5581 or write the Department of Family & Community Medicine, MU 3E, Box 0900. (Contributions also are greatly appreciated, say the students. As little as $5 can provide health care for an additional patient in the clinics.)

UCSF *Newsbreak*

(ISSN0891-6063) Volume 9, Number 6, March 26-April 8, 1994. Published by the University of California, 3333 California Street, Suite 103, San Francisco, CA, 94143-0462, 21 issues per year — biweekly, except monthly June, July, August and December. Second-class postage paid at San Francisco, CA. POSTMASTER: Send address changes to UCSF *Newsbreak,* Public Affairs, University of California, San Francisco, Laurel Heights, 3333 California Street, Suite 103, San Francisco 94143-0462.

Deadline for the next issue, which will cover April 9-22, will be on **Tuesday, March 29, at 11 a.m.** Please send campus news copy to Allen Balderson (476-3163), Medical Center news to Dawn Finch (476-3256), and calendar and gazette items to Michele Firpo (476-3257), all at Box 0462; fax 476-3541. Last-minute copy may be taken over the telephone by calling the above telephone numbers. The University of California is an affirmative action/equal opportunity employer.

Editor: Allen J. Balderson

Medsounds: Dawn Finch

Calendar, Gazette editor: Michele Firpo

Desk Topper: Michele Firpo

Assistant Editor: Daniel Rowe

Contributing editors: Andy Evangelista, Patricia Forsyth, Bill Gordon, Corinna Kaarlela, Jeffrey Norris, Emily Pearce, Ruthann Richter, Alice Trinkl

Photography: Mikkel Aaland (1), Dawn Finch (7,8), Michele Firpo (2), David Powers (1,3), Michele Vignes (3), Tom Wachs (3)

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Carol Fox, Jeff Miller, assistant directors, Public Affairs

Diabetes symposium to honor Grodsky

Researchers from around the country will be presenting the latest findings in diabetes research at a symposium on Friday, April 22, at the Laurel Heights Conference Center in honor of Gerold M. Grodsky, a leader in diabetes research for the past 40 years.

Professor of biochemistry & biophysics and the associate research director of the Metabolic Research Unit, Grodsky has remained at the forefront of diabetes research ever since his pioneering work in developing an immuno-assay for insulin. His work now focuses on the cell biology and biochemistry of the insulin-producing beta-cells.

Sponsored by the UCSF Diabetes Center, the symposium will honor Grodsky's achievements and continuing contributions, and will focus on beta-cell biology and diabetes. A reception and banquet will follow at the Grand Hyatt San Francisco.

Researchers at the symposium will include: Roger Unger, University of Texas; Aubrey E. Boyd III, Tufts University; Donald Steiner, University of Chicago; Paul Lacy, Washington University School of Medicine; Susan Bonner-Weir, Harvard; Franz Matschinsky, University of Pennsylvania School of Medicine; and Hugh McDevitt, Stanford.

For further information on the symposium call 476-1364.

Epilepsy reunion draws dozens of seizure-free patients

Dozens of patients with epilepsy, many seizure-free for the first time in years thanks to brain surgery performed at UCSF's Northern California Comprehensive Epilepsy Center, met one another to share their experiences and reunite with their surgical team last Saturday afternoon. Since the Center opened in 1986, the surgical team has performed more than 400 operations to remove abnormal brain tissue and provide long-sought relief for patients with epilepsy. Neurologist Kenneth Laxer is the director of the Center. Above, neuropsychologist John Walker (right) talks with Quentin Shaw and his mother, Wendy, of Pacifica. Quentin, who was plagued with multiple daily seizures, underwent surgery in November '91, and now is doing great.

UCSF enters into international research collaboration to design diabetes drug

The design, synthesis and testing of a new diabetes drug that can be taken as a pill to substitute for injected insulin is the goal of an international research collaboration between UCSF and Curtin University of Technology in Perth, Australia.

UCSF drug-design experts will concentrate on using computer-assisted modeling techniques they have created to identify promising chemicals that mimic insulin, the body's natural hormone responsible for controlling the cellular uptake of sugar, needed to make energy available to cells.

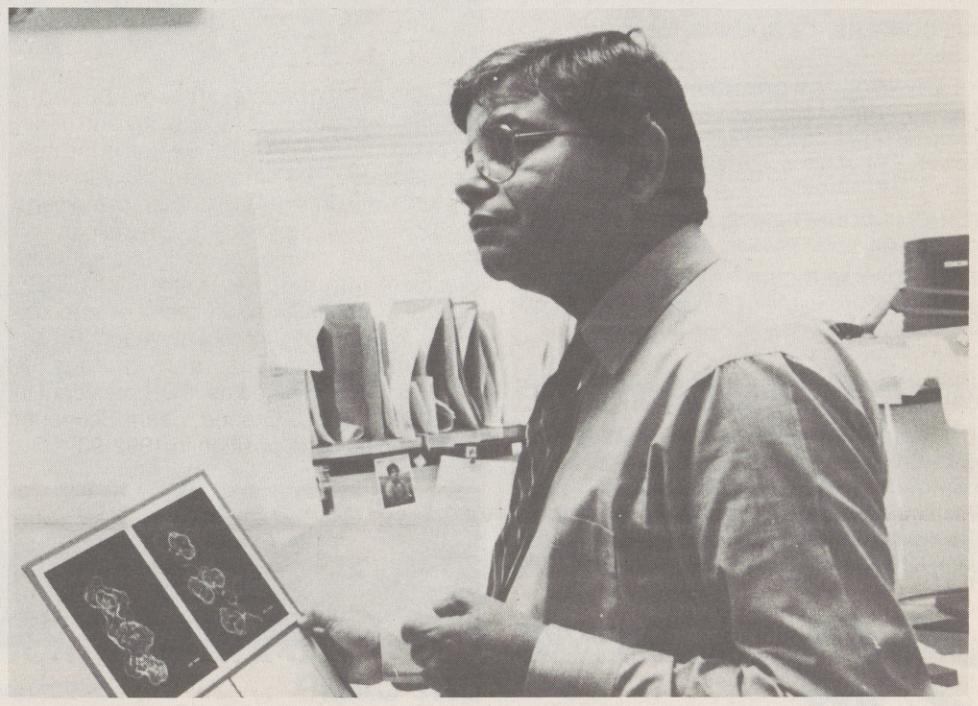
Key members of UCSF's Molecular Design Institute, directed by pharmaceutical chemist Irwin Kuntz, initially will collaborate with the Curtin research team for a two-year term. Work will be undertaken on both campuses, with UCSF being primarily responsible for the design of the drug and Curtin for synthesizing and testing it.

A total of $2.75 million will be available for the project. The funds will be contributed by Insulin Mimetics Pty Ltd, a pharmaceutical subsidiary of Melbourne, Australia Investments Ltd.

About 13 million Americans have diabetes. Many of them require regular injections of insulin to ensure that cells take up enough of the sugar, glucose. In diabetes, glucose levels in the blood become elevated and may eventually result in damage to nerves, organs and blood vessels, which in turn may lead to lethal complications.

Insulin is injected because hormones and other proteins are broken down in the gastrointestinal tract when taken orally and never reach the cells where they need to be active to treat disease.

Genetically engineered insulin to treat diabetes, made possible by basic research findings from UCSF labs, is among the first of a modern generation of widely available genetically engineered drugs. However, the aim of the new collaboration is to go another step, to make a synthetic drug that can be taken orally and absorbed into the bloodstream and carried to cells where it is needed, without rapidly being broken down.



Rajendra Bhatnagar

Hello synthetic collagen, goodbye gum disease — and maybe much more

A synthetic collagen analog developed at UCSF has demonstrated potential for reversing the damage caused by gum disease, researchers reported in early March at the annual meeting of the International Association for Dental Research.

Tooth surfaces coated with synthetic collagen attracted far more periodontal ligament cells — the bone tissue that anchors teeth in place, according to the UCSF team.

"We can actually replace bone tissue lost as a result of gum disease," says biochemist Rajendra S. Bhatnagar, professor of stomatology in the School of Dentistry. "Our synthetic collagen acts like a sponge for natural cells."

Reversing the damage of gum disease promises to be the first of many uses for the material, Bhatnagar predicts. The material has vast potential for developing materials to improve wound healing, bone and tissue repair, and artificial skin and organ implants.

The UCSF researchers expect their synthetic collagen to replace the use of such materials as cow collagen that have been the subject of concern because of reported adverse health effects.

Collagen serves as the body's glue, the substance that binds every cell to other cells and regulates the migration and growth of the cells.

Bhatnagar led the team of UCSF researchers which identified and synthesized a tiny segment of the collagen molecule that regulates how and where cells grow. Migrating cells recognize this tiny segment in the collagen molecule and behave differently after being exposed to this "cell binding domain" of collagen.

Bhatnagar and the research team found the 15-amino-acid segment that acts as the cell-binding domain amid three intertwined 1,200-amino-acid chains that make up the collagen molecule. The team reported the discovery three years ago, naming the segment Peptide-15, or P-15.

Because this segment of collagen can be synthesized in the laboratory, the finding represents an opportunity to develop artificial materials which will encourage natural tissue growth, he says.

Composite materials containing synthetic collagen will allow dentists and physicians to restore damaged tissue such as a wound. By placing the material on the wound, cells in the surrounding tissue will readily migrate into the material as they encounter the synthetic collagen, Bhatnagar says.

Health Promotion Project targets Vietnamese women for breast cancer screening

Breast cancer will strike one in 25 Vietnamese women in California, according to the state's Cancer Registry. Breast cancer screening rates among Vietnamese women, however, are low. UCSF hopes to change that by launching a new campaign in the Vietnamese community that encourages early detection of the disease.

"We don't yet know how to prevent cancer, but we do know that if breast cancer is detected early, the chances for cure are much better," says Stephen J. McPhee, professor of medicine and principal investigator of the Vietnamese Community Health Promotion Project at UCSF.

To detect breast cancer early, he recommends that all women receive regular breast exams, have regular mammograms, and perform breast self-exams.

"Our research shows that 30 percent of Vietnamese women have never had a breast exam and 43 percent have never had a mammogram," says Lai Quoc Ky, health education specialist for the project. "We have a lot of room for improvement."

The National Cancer Institute recommends that all women over 40 have a breast examination done by a physician every year, and younger women once every three years; women over age 50 should have a mammogram every one to two years. In addition, the American Cancer Society recommends that all women examine their breasts for lumps every month.

"We are working with Vietnamese physicians to encourage them to offer breast cancer screening to their patients," says Pham Qui Giao, coordinator of the project. "But we also encourage women to request these screening exams from their doctors."

The new breast cancer screening effort complements a campaign against cervical cancer launched in December by the Health Promotion Project. For the new campaign, the project plans to run newspaper and TV ads to raise community awareness about the importance of breast cancer screening.

The project also is broadcasting on Vietnamese TV its new video about breast cancer screening. The video features two Bay Area physicians — Cai Van Dung and Thanh Lan.

For free Vietnamese-language information about breast cancer screening and where to go for low-cost or free services, call Nguyen Thoa at 476-0557.

New genetic defects found in breast cancers

Campus breast cancer researchers report that they have found the locations of many previously unknown genetic abnormalities in breast cancers, including three found in from 15 to 20 percent of breast tumors.

The ability to detect these common defects, made possible by a new technique developed at UCSF for searching the cells' 23 pairs of gene-bearing, rod-shaped chromosomes for excess copies of DNA, may one day influence prognosis and treatment decisions for cancer patients.

Researchers led by Frederic M. Waldman, associate professor of laboratory medicine, reported the findings in the March 15 issue of the *Proceedings of the National Academy of Sciences*.

The defects occur in formerly unsuspected sites along chromosomes. These sites contain extra copies of DNA that are likely to house yet-to-be-identified genes responsible in part for the ability of the cancer cells to grow out of control, according to Waldman.

"We can look at the entire set of chromosomes simultaneously with this technique, and we have seen that the degree of genetic instability exhibited by breast tumor cells is more than had previously been thought," Waldman says. "We should now be able to obtain a broader understanding of the molecular mechanisms leading to breast cancer."

According to Waldman, the ability to screen for these defects, and eventually to identify the out-of-control genes and their functions, may be useful in diagnosing breast cancer, in predicting the course of the disease, and in designing and targeting new drug treatments tailored for women whose cancers exhibit these specific abnormalities.

Today/Tomorrow

28 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms — X-rays to screen for breast cancer — from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physician to have the mammogram, in addition to their doctor's full name, address (including room number & zip) and phone number to assure that results are mailed promptly. The procedure takes approximately 20 minutes and costs $60. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.*

Because the service has become so popular and appointments are filled by the time this calendar is published, we list only dates when the van will be at UCSF locations and when appointments are still available:

- Fri., Apr. 1: UCSF/Parnassus at Medical Center Way.
- Fri., Apr. 8: UCSF/Lakeside Senior Medical Center, Eucalyptus & 19th Ave.
- Fri., May 6: UCSF/Parnassus at Medical Center Way.

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

OTOLARYNGOLOGY GRAND ROUNDS: *Neurointerventional Techniques for ENT.* Christopher Dowd, Interv. Neurorad. *Current Issues in Diabetic Care.* Marvin Siperstein, Metab. Clin., VAMC. S 214. 8-10 a.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

LABORATORY MEDICINE GRAND ROUNDS: *Correlates of Perinatal HIV Transmission.* Diane W. Wara, S/M Women's Affairs, Ped. & Ped/Rheum. L 535. 4-5 p.m.

EMPACT!'S SINGLE MINGLE

All Dating Game entrants & contestants will be present. Come meet the bachelors & bachelorettes & enjoy some refreshments. Millberry Conf. Cntr. 4:30-6:30 p.m. Call 476-2675 for ticket information.*

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

29 Tuesday

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

ORAL & MAXILLOFACIAL SURGERY CONFERENCE: *Residents' Forum: Temporomandibular Joint Disorders & Surgery.* C 701. 8 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30-10 a.m. Call 476-1073 to schedule.

OB/GYN GRAND ROUNDS: *Treating the Whole Woman: Bridging the Gender Gap in Medicine.* Karen S. Johnson, Psychr. S 1364. 9-10 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. N 721. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *Coiled Coils: Natural, Designed & Spring-Loaded.* Peter Kim, Bio., MIT. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

HEALTH CARE REFORM: A LOOK AT THE GERMAN & BRITISH SYSTEMS

History of Health Sciences presents this series of four lectures giving an historical perspective to health care reform by looking at the development of the health care systems in Germany and Great Britain. N 721 (unless otherwise noted). Noon-1 p.m. Call 476-2766.*

- Wed., Mar. 30: *State-Patient-Physician: Germany's Compulsory Sickness Insurance, 1883-1914.*
- Tues., Apr. 5: *Britain's National Health Service: Never Again, 1900-1930.*
- Tues., Apr. 12: *Britain's NHS: "Stuffing Their Mouths with Gold...," 1940s-1970s.*
- Tues., Apr. 19: *Britain's NHS: The Modern World, 1970s-1990s.*

NEUROLOGY GRAND ROUNDS: *Potassium Channel Blockers in the Treatment of MS.* Jonathan L. Carter, Neuro., May Clinic, Scottsdale, AZ. S 664. 5-6 p.m.

WOMEN IN LIFE SCIENCES RECEPTION

Women in Life Sciences, a group run by UCSF women graduate students, is again co-sponsoring a mentoring program to bring together women scientists in the Bay Area. Women graduate, post-doctoral and medical students will be matched with women scientists in the biotechnology industry and academia as mentors. Fac/Alum. House. 5-7 p.m. Call 863-8772 for more information.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

30 Wednesday

DAY CAMP REGISTRATION BEGINS

Begin signing up your children for this traveling summer day camp for children ages 6-13. Sponsored by Millberry Programs & Services/Outdoors Unlimited. Millberry Fitness Cntr. 7 a.m. Call 476-0417.*

SURGERY GRAND ROUNDS: *M & M Conference.* Sean Mulvihil, Gen. Surg. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY SEMINAR SERIES: *Treatment of Refractory Ascites in Cirrhosis.* John M. Inadomi, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Prevention of Unwanted Pregnancy.* David Grimes, Ob/Gyn, SFGH. Rm. 3208, Bldg. 30, SFGH. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Present & Future Perspectives on the Treatment & Prevention of Atherosclerosis.* Antonio M. Gotto, Med., Baylor. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS: *TIPS for Refractory Ascites.* Kenneth A. Somberg, GI. S 214. 9-10 a.m.

BROWN BAG LECTURE SERIES: *Life After Shingles.* Michael C. Rowbotham, Neuro., Anes. & Pain Management Cntr. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PROFESSIONAL RESEARCH ORGANIZATION FOR STAFF LUNCHTIME SEMINAR: *Overview of High-Performance Liquid Chromatography & How It Can Help You.* Mike Daley, Waters Assoc. Toland Hall. Noon-1 p.m.

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *The Role of Dermal Fibroblast Senescence in Intrinsic Skin Aging.* Michael D. West, Geron Corp. S 664. 1-2 p.m.

PSYCHIATRY GRAND ROUNDS: *Developmental Issues in the Psychotherapy of Gay Men: Part II.* Johns Hopkins, Psychr. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

TRANSFUSION RESEARCH SEMINAR: *Genetics of Idiopathic CD4-Lymphopenia.* Susan Galel, Stanford Blood Cntr. L 535. 3-4 p.m.

SEMINARS IN BIOLOGY: *Involvement of Neurofilaments in Axonal Growth & Motor Neuron Disease.* Don Cleveland, Bio. Chem., Johns Hopkins. HSW 300. 4 p.m.

PATHOLOGY GRAND ROUNDS: *Resident Presentations.* HSW 508. 5-6:30 p.m.

UROPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

UCSF FAMILY NIGHT AT THE EXPLORATORIUM

Join UCSF staff, students, faculty & friends to explore & enjoy live entertainment, food & over 400 hands-on exhibits. Also see exhibits created & conducted by women scientists to highlight the theme, "Paths to Excellence: Women in Science." Co-sponsored by EMPACT!, Millberry Arts & Performances, The Marriott, Fisher Scientific and Johnson & Johnson. The Exploratorium, 3601 Lyon St. 5:30-9 p.m.

31 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *Management of Angina Pectoris.* Shahbudin H. Rahimtoola, Cardio., USC. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Lipids & the Life Force.* Mary J. Malloy, Med. & Ped. S 664. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. Rm. 4H2, SFGH. 8-9 a.m.

KIMURA LECTURE

The Future of Eye Health: Stresses, Strains & Solutions. Alfred Sommer, dean, Schl. Publ. Hlth., Johns Hopkins. Samuel J. Kimura Lecture sponsored by Oph. Preceded by case presentations: *Oncology/Thyroid.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. N 729. 10-11 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m. Call 285-6767.*

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Natural History of HIV Infection: Lessons from the SF City Clinic Cohort Study.* George Rutherford, Infec. Dis. Prog., Ca. Dept. Hlth. Serv. MU 427W. 4-5 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEUROSCIENCE SEMINAR: *Vesicular Traffic at the Cell Surface: Basic Mechanisms Conserved from Yeast to Neurons.* Pietro De Camilli, Cell Bio., Yale. HSW 300. 4 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

PRIMARY CARE GRAND ROUNDS: *Osteroporosis.* Steve Cummings, Med., Epid. & Gen. Int. Med. A 455. 4:40 p.m.

RADIOLOGY GRAND ROUNDS: *Spiral CT Applications in the Thorax.* Geoffrey D. Rubin, Rad., Stanford. HSW 301. 5:15-6:15 p.m.

ARTS & PERFORMANCES' COLE HALL CINEMA: *The Fugitive.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8:30 p.m. (Movies subject to change.) Call 476-2542.*

1 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINARS: *RNA Chaperones & Protein-Enhanced Ribozyme Catalysis.* Dan Herschlag, Biochem., Stanford. S 214. 11 a.m.

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR: *Inversions As a Common Cause of Hemophilia.* Jane Gitschier, Med. & HHMI. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ARTS & PERFORMANCES' COLE HALL CINEMA: *The Fugitive.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. (Movies subject to change.) Call 476-2542.*

2 Saturday

COMBINED ANESTHESIA/SURGERY CONFERENCE: *Current Concepts in Coordinated Care.* Sean Mulvihill, Gen. Surg., & Scott Kelley, Anes. Laurel Heights Aud. 8-10 a.m.

EASTER EGG HUNT

The Hospitals Auxiliary and FAO Schwarz co-sponsor this Easter egg hunt with prizes for the kids and refreshments for everyone. Two grand prize golden eggs worth $100 at FAO Schwarz will be hidden along with the other eggs. The Easter Bunny will be present. Donation: $25 per child. FAO Schwarz, 48 Stockton St. Hunt: 8:30-10 a.m. Shopping Spree (10% off with the article on page 8 in *Medsounds)* 10 a.m.-6 p.m. Call 476-4906 for reservations. (See story on page 8.)*

LOW VISION FORUM: Daniel Schwartz, Oph., will discuss medical advances in the fight against blindness, including the latest research on retinal disorders. Forums are held on the first Saturday of each month. Main foyer, ACC. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for information.*

4 Monday

MILLBERRY REGISTRATION BEGINS

Registration for spring classes begins today. All classes are open to non-MU members on campus and in the community. Millberry Fitness Desk. 7 a.m.-7 p.m. Call 476-1115.*

- Mon., Apr. 4: UCSF students & MU members.
- Tues., Apr. 5: UCSF employees & general public.

SPINE CONFERENCE ROUNDS. MU 302W. 7-8 a.m.

ADVANCEMENT OF WOMEN AWARDS CEREMONY

The entire campus is invited to join Chancellor Joseph B. Martin in honoring the first recipients of the Chancellor's Award for the Advancement of Women — Virginia Olesen, Amy Levine, Marina Alzugaray and Renee Willard. Preceding the ceremony, Herma Hill Kay, dean, Hastings School of Law, UCB, will share her insights into becoming the first woman to hold her post. Toland Hall. Noon-1 p.m.

MELANOMA CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. Noon.

WEIGHT MANAGEMENT PROGRAMS INFORMATIONAL MEETING: Review of weight management program options available at UCSF. A 455. 12:15-1 p.m. Call 476-9987.*

LABORATORY MEDICINE GRAND ROUNDS: *Telomeres & Telomerasis.* Elizabeth H. Blackburn, Microbio/Imm. L 535. 4-5 p.m.

PEDIATRIC UROLOGY CONFERENCE. M 464. 5-6 p.m.

5 Tuesday

PLASTIC SURGERY GRAND ROUNDS. Davies Med. Cntr. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call Mary Williams at 476-1421.

COMBINED ORAL & MAXILLOFACIAL/ ORTHODONTIC/ORTHOGNATHIC SURGERY CONFERENCE: *Mandibular Ramus Osteotomies.* Jeffrey Clayton & David Salmassy, Oral & Max. Surg. C 701. 8 a.m.

MEDICAL CENTER VOLUNTEER ORIENTATION: To acquaint new & potential volunteers with opportunities available in the Medical Center at UCSF. LPPI Aud. 9 a.m.-noon. Call 476-1196 for information.*

OB/GYN GRAND ROUNDS: *Estrogens, Progestins & Coronary Atherosclerosis of Monkeys.* Thomas B. Clarkson, Comparative Med., Wake Forest U. S 1364. 9-10 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets the first Tuesday of each month. MU 111. Noon-1 p.m.

*Open to the public.

Mar. 26-Apr. 8, 1994

CHANCELLOR ADDRESSES CAMPUS

Staff and students are invited to an address by Chancellor Joseph B. Martin on planning the future of UCSF. Cole Hall. Noon. Simultaneously telecast to Rm. 208, Bldg. 30; fourth floor commons, MCB; and Herbst Hall, MZ.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *Protein Tyrosine Phosphatases: Their Roles in Regulation & Disease.* Jack Dicon, Bio. Chem., U Michigan. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962.

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Stress, Monkeys & Coronary Artery Atherosclerosis.* Thomas B. Clarkson, Comparative Med., Wake Forest U. MU 427W. 4-5 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS. S 664. 5-6 p.m.

MOUNT ZION VOLUNTEER ORIENTATION: Program to acquaint prospective volunteers with opportunities available in the UCSF/Mount Zion Medical Cntr. Herbst Hall, MZ. 5-7:30 p.m. Call 885-7353.*

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. 5:30-7:30 p.m. Call 285-6767.*

CRI/HEMATOLOGY-ONCOLOGY FELLOWS DIDACTIC COURSE. M 1296. 6-7 p.m.

RELAXATION/STRESS MANAGEMENT CLASS

An eight-week course (Apr. 5-May 24) on relaxation & stress reduction techniques such as breath control, cognitive therapy, meditation, visual imaging & self-hypnosis. MediCal/Medicare accepted. Health Net members, $20/$30 co-pay. Self-pay, $41 per 2-hour session. A 455. 6-8 p.m. For more information, call Alexandra M. Gaughan, Med., at 476-6100, x80166 and leave a message.*

6 Wednesday

SURGERY GRAND ROUNDS: *Renal Viability Assessment & Preservation Maneuvers.* Peter N. Bretan, Surg. & Renal Transplant. Toland Hall. 7-8 a.m.

SFGH ORTHOPAEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

HEMATOLOGY CLINICAL CONFERENCE. M 1296. 7:30-8:30 a.m.

GASTROENTEROLOGY SEMINAR SERIES: *Role of TGF-b in Hepatic Fibrosis.* Victor Ankoma-Sey, GI. S 214. 8-9 a.m.

RENAL GRAND ROUNDS. L 1361. 8-9 a.m.

SFGH PEDIATRIC GRAND ROUNDS. Rm. 3208, Bldg. 30, SFGH. 8-9 a.m.

ENDOCRINE GRAND ROUNDS: *Estrogens, Progestins & Coronary Artery Atherosclerosis.* Thomas B. Clarkson, Comparative Med., Wake Forest U. LPPI Aud. 8:30 a.m.

GASTROENTEROLOGY GRAND ROUNDS. S 214. 9-10 a.m.

LIQUID CHROMATOGRAPHY

All-day workshop on the various principles of high-performance liquid chromatography, including chemistries, separation optimization, selectivity, capacity, efficiency & instrumentation, taught by Mike Daley, Waters Assoc. Sponsored by Professional Research Organization for Staff. Workbook: $10. Toland Hall. 9 a.m.-5 p.m. Call Mark Hober at (800) 645-5476, ext. 8089, to pre-register.

FACULTY WIVES & ASSOCIATES MEETING: Meeting takes place at the Filoli Gardens, Woodside, preceded by brunch at the Peninsula Golf & Country Club. Wear comfortable, closed-toe shoes. $15 brunch, $8 tour. 10:45 a.m. Call Donna Brandborg at 282-6176 for reservations. (See page 6 for details.)

BROWN BAG LECTURE SERIES: *Mystery of Pain & Individuation.* Arthur D. Colman, Psychr. Sponsored by Campus Tours/Speakers Bureau. HSW 300. Noon. Call 476-4394.*

PSYCHIATRY GRAND ROUNDS: *Psychotherapeutic Implications of Immigration for Women from Developing Countries.* Olivia E. Espin, Women's Studies, San Diego State U. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. Melanoma Clin. Conf. Rm., 4th fl., MZ Pavilion. 1:30 p.m.

SEMINARS IN BIOLOGY. HSW 300. 4 p.m.

TRANSFUSION MEDICINE CORE CURRICULUM LECTURE: *Blood Donor & Unit Testing.* Michael Busch, Lab. Med. L 535. 4-5 p.m.

PATHOLOGY POST-MATCH MEETING: HSW 508. 5-6:30 p.m.

URO-ONCOLOGY CONFERENCE. M 464. 5-6 p.m.

ADVANCED CARDIOLOGY CLASS

Class for paramedics, nurses & other health care professionals who participate in the care of cardiac patients. Runs Apr. 6 through June 22. Sponsored by Cntr. Prehospital Res. & Training. $100. 7-9 p.m. Call 476-6162 for location & to pre-register.*

7 Thursday

ORTHOPAEDIC SURGERY STAFF CONFERENCE. HSW 303. 7-8 a.m.

MEDICINE GRAND ROUNDS: *European Atrial Fibrillation Trial.* Peter Jan Koudstall, Neuro. & Cerebrovasc. Dis., U Hospital Rotterdam, Netherlands. Toland Hall. 8-9 a.m.

PEDIATRICS GRAND ROUNDS: *Tinea Capitis: New Perspectives on an Old Disease.* Ilona J. Frieden, Derm. & Ped. S 664. 8-9 a.m.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Integrating Managed Health Care & Disability Management.* Philip Polakoff, Integrated Hlth. Mngt. M 989. 9-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

SF INJURY CENTER INTEGRAL YOGA CLASS: Lee Ballen, certified instructor. Rm. 2127, Bldg. 20, SFGH. Noon-1 p.m Call 285-6767.*

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4-5 p.m.

NEUROSCIENCE SEMINAR: *Maps for Movement in Monkey Superior Colliculus.* Robert H. Wurtz, Lab. Sensorimotor Res., Natl. Eye Inst. HSW 300. 4 p.m.

RADIOLOGY GRAND ROUNDS: *PET Imaging of the Thorax.* Philip C. Goodman, Rad., Duke, serves as the Residents' Visiting Professor. HSW 301. 5:15-6:15 p.m.

ARTS & PERFORMANCES' COLE HALL CINEMA: *The Joy Luck Club.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 5:45 & 8:30 p.m. (Movies subject to change.) Call 476-2542.*

8 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 7:30-8:45 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, MZ. 8:30-9:30 a.m.

PHARMACEUTICAL CHEMISTRY 221 SEMINARS: *NMR, Structure & Design of Gene Regulatory Agents.* David Gorenstein, Chem., Purdue. S 214. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Zen Healing Massage Therapy.* Chris Adamo explores the mind/body/spirit connection through body work & health care for the whole person. N 721. Noon-1 p.m. Call 330-5353.*

SFGH PROGRAM IN CELLULAR & MOLECULAR MEDICINE SEMINAR. Rm. 3208, 2nd fl., Bldg. 30, SFGH. Noon.

ARTS & PERFORMANCES' COLE HALL CINEMA: *The Joy Luck Club.* UCSF students & MU members $2.50; students, seniors & UCSF employees $3; general $3.50. Cole Hall. 6:30 & 8:45 p.m. (Movies subject to change.) Call 476-2542.*

THE NEXT DEADLINE

Tuesday, March 29, 1994 is the deadline for items to be listed in the next calendar, which covers **April 9-22, 1994** (two weeks). Complete information must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-3257, send a fax to 476-3541, or bring it to UCSF/Laurel Heights, 3333 California St., Suite 103.

ONGOING SUPPORT GROUPS

MONDAY

JEWISH WOMEN'S DIALOGUE GROUP: Meets every other Monday. Call 546-6423 for meeting dates & locations.*

FRIENDS OF LOIS AL-ANON MEETING: Closed meeting: for friends & families of alcoholics only. Conf. Rm. A, 3rd fl., MCB. Noon.*

UCSF AIDS HEALTH PROJECT MEDITATION & SELF-HYPNOSIS WORKSHOP: Weekly discussion group for anyone dealing with HIV or AIDS in themselves or others. Gazebo Rm., Davies Med. Cntr. 7-9 p.m. Call 476-3902.*

TUESDAY

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. A 222, LPPI. 10 a.m.-noon. Help-line at 759-7923 provided daily, 7 a.m.-10 p.m.*

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

PARKINSON'S DISEASE EDUCATION & SUPPORT GROUP: For people with Parkinson's & their caregivers. Third Tues. of the month (except August). Christ Church, Lutheran, 1090 Quintara (at 20th Ave.). 2-4 p.m. Call 476-9276.*

LUPUS SUPPORT GROUP: Second Tues. of the month. C 127, MZ. 7-9 p.m. Call 773-9356.*

BRAIN TUMOR SUPPORT GROUP: First Tues. of the month. S 758. 7:30-9 p.m. Call 296-0404.*

WEDNESDAY

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. Observers welcome. C 517. Noon-1 p.m.*

LATIN WOMEN COALITION: For Latina faculty, staff & students. Noon-1 p.m. Call Betty Jerez at 476-7117 for meeting places & dates.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Conf. Rm. A, 3rd fl., MCB. 12:05 p.m.*

MULTIPLE HELPERS OUTREACH NETWORK SUPPORT GROUP: For victims & survivors of violent trauma. Ages 15 & over. Two locations & times: A 222, LPPI, 1-3 p.m., and N 517, 7-10 p.m. Help-line also provided daily, 7 a.m.-10 p.m. at 759-7923.*

DIRECTIONS: A support/education group for newly diagnosed breast cancer patients. 4th fl. lounge, 2356 Sutter, UCSF/Mount Zion. 5-6:15 p.m. Call 885-7529 or 476-5555.*

SUPPORT GROUP FOR WOMEN LIVING WITH LIFE-ALTERING ILLNESS: Alternate Wednesdays. 6-8 p.m. Call 775-2854 to preregister & for meeting location.*

EATING DISORDERS SUPPORT GROUP: Open to anyone dealing with an eating disorder in themselves or others. First & third Wednesday of each month. M 688. 7-8:30 p.m. Call 332-3425.*

"AT THE HEART OF IT" CARDIAC SUPPORT GROUP: For heart patients experiencing fear, anxiety, confusion & stress. A six-week series. Call Kathleen Congdon at 885-7227.*

SUPPORT GROUP FOR FAMILY/FRIENDS OF THOSE WITH MENTAL ILLNESS: Open to anyone interested in learning more about psychiatric disorders & their treatments. Call Laura Deering-Mayclin at 476-7394 for more information.*

THURSDAY

LESBIAN LUNCH GROUP: Monthly on Thursdays. Call 476-5222 for meeting dates & locations.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

FRIDAY

CIRCLE OF SISTERS: Networking forum for black women working & studying at UCSF. Most Fridays. L 535. Call 476-5836.

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. C 417. 12:10-1 p.m.*

LAKESIDE SENIOR MEDICAL CENTER CAREGIVER SUPPORT GROUP: Meets on the first Friday of each month. $10 per meeting. 2501 Ocean Ave. at Junipero Serra. 2-4 p.m. Call Edith Kaplan at 986-2305.*

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808 unless otherwise noted.

Seventh Annual Primary Care Medicine: Update 1994. Maui, Hawaii. Apr. 3-8.

Diabetes Symposium in Honor of Gerold M. Grodsky. Laurel Heights Conf. Cntr. Apr. 22. (Followed by reception & banquet at the Grand Hyatt, SF.)

Fifteenth Annual Advances in Infectious Diseases. ANA Hotel, SF. May 11-13.

Twenty-Second Annual Advances in Internal Medicine. Sheraton Palace Hotel, SF., May 23-27 & Cole Hall, UCSF, June 20-24.

Family Practice Board Review Course. Hotel Nikko, SF. Mon. & Tues., July 5 & 6.

Clinical Care of the AIDS Patient: Summer Symposium. Sun Valley, Idaho. Aug. 25-30.

DENTISTRY

For further information call 476-1101.

Dentistry Down Under: Australia Travel Course. Sydney, Gold Coast & Great Barrier Reef. Apr. 16-29.

Postgraduate Course in General Surgery. SF. Apr. 21-23.

Periodontics: Timely & Time-Tested Treatments. Red Lion Hotel, San Jose. Apr. 23.

Local Anesthesia Revisited: Problems & Solutions. UCSF. Apr. 30.

Dental Implants: Update on Treatment Planning Approaches. UCSF. May 7.

Complex Distal Radius Fractures. UCSF. May 12-14.

Twenty-Seventh Annual Advances & Controversies in Clinical Pediatrics. SF. May 12-14.

Oral Cancer Symposium: Reconstruction & Rehabilitation Following Oral Cancer Therapy. UCSF. May 14.

Tenth Annual Current Issues in Anatomic Pathology. SF. May 26-28.

Clinical Applications of Current Periodontal Knowledge. UCSF. June 18.

Thirteenth International IACAPAP Congress: Violence & the Vulnerable Child. SF. July 24-28.

DEVELOPMENT & TRAINING

For further information call 476-4032.

Vendor Payments. Thurs., Apr. 21. 1-4:30 p.m. $40.

The Telephone: Your Most Important Business Tool. Tues., Apr. 26. 1-4 p.m. $40.

Survival Skills for the Administrative Assistant. Thurs., Apr. 28, May 5, 12, 19. 1-4:30 p.m. $60.

Post-Award Management of Extramural Funds. Wed., May 4 & 11. 1-4:30 p.m. $60.

Pre-Supervisory Training. Wed./Fri., May 4, 6, 11, 13. 9 a.m.-noon. $90.

Processing Independent Consultant Agreements. Tues., May 10. 1-4:30 p.m. $40.

Payroll Workshop. Wed., May 18. 12:3-4:30 p.m. $40.

Supervisors Guide to Performance Evaluation. Tues., May 24. 8:30 a.m.-4:30 p.m. $40.

Customer Service Strategies. Wed., May 25. 8:30 a.m.-4:30 p.m. $75.

Supervising in the Workplace: Administering Consistent & Appropriate Discipline. Thurs., May 26. 1-4:30 p.m. $40.

Supervisors Round Table. Thurs., June 3, 8, 17. 8:30 a.m.-noon (except June 8, which is 1-4:30 p.m.). $30.

CALL 502-NEWS

UCSF's news hotline gives up-to-the-minute information for staff, faculty & students.

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call 476-6430.*

If you are a woman who is HIV positive and can't get medical care because of practical needs, call Marisa Davis at the Women's Advocacy Program at 476-0654 for help with child care, transportation, medical care and social services. "Hablamos Español."

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Positives Being Positive. Support groups in the community meet regularly. Call 476-3902.

Living with HIV. Public forums every other month.

New shuttle rule: Students only at Turk Street & Aldea stops

In an effort to eliminate misuse of the shuttle service, only students are allowed to board the shuttle at the Turk Street and Aldea stops. The student residents of the housing units at these stops must show their identification issued by the Student Housing office before boarding the shuttle.

The policy went into effect March 1 for the Turk Street stop and starts Friday, April 1, for the Aldea stop.

The new policy is the result of complaints from both students who were forced into being late for class, and from neighborhoods whose curbs were lined by the cars of UC staff, says Parking & Transportation's Jon Gledhill.

According to the complaints staff have been parking their cars in these neighborhoods and commuting to campus via the shuttle. The shuttles were never meant to be a commuting service, says Gledhill. Their purpose is to transport students and staff between sites during working hours.

The stops at Turk and Aldea are the exception. They were set up specifically to serve the students living at these locations, although until now UCSF employees who had lived in the neighborhood had also been allowed to ride.

If you have questions, call Parking & Transportation Services, 476-2566.

Summer Care Fair: Info on children's summer programs

Jane Mahakian of the Child & Elder Care Referral Service sends word that a "Summer Care Fair" is scheduled for Wednesday, April 16, from noon to 2 p.m. in the Med Sci lobby.

Over 40 programs will be represented at the fair, including summer child care programs, day and sleep-away camps, special education programs, science, sports, art and dance programs and other activities for kids from pre-school through high school.

The Child & Elder Care Referral Service also has compiled a book of summer programs for children. For more information on the fair or to obtain your free copy of the booklet, call Mahakian at 476-2692.

VAMC Community Health Fair April 9

The San Francisco VA Medical Center will host a Community Health Fair on Saturday, April 9, from 8 a.m. to noon in the Admissions area, 4150 Clement Street at 42nd Avenue.

The fair will feature basic medical screenings and information. Screenings will include dental evaluations, blood pressure checks, lung function testing, vision testing and foot evaluations. Other areas of focus will include diabetes, heart and blood vessel disease, cancer, mental health, nutrition, HIV and healthy aging.

Admission and screening are free. There will be a nominal charge for those interested in a blood work-up.

For more information, call 750-2250.

PROS will sponsor PCR workshop

PROS, the Professional Research Organization for Staff, is planning a workshop on Polymerase Chain Reaction (PCR), tentatively scheduled for the week of May 9. The workshop is being co-sponsored by Perkin-Elmer, whose senior field application specialist, Mitch Kennedy, will conduct the three-day session.

During the workshop, new users of PCR will learn how to set up reactions, interpret results, set up new experiments and trouble-shoot.

The cost will be $600 for all lectures and labs, or $100 for the lectures only. The workshop is open to the entire campus community, but registration preference will be given to PROS members.

For more information, call Tineka Mathews at 476-1126, or Elizabeth Zurlinden at 476-5111.

Packard Fellowships: $500,000 for 5 years

UCSF has been invited to submit two nominations for David and Lucille Packard Fellowships. The program, which supports the research of young faculty in the natural sciences and engineering, offers $90,000 per year in unrestricted research support plus $10,000 per year to the awardee's institution, renewable for a period of five years. Eligible disciplines include chemistry and biology, but medical research is less likely to be funded. Applications must be submitted by Friday, April 22. For information, call Academic Services, 476-5742 or 476-1881.

Grants for Mexico studies

Grants for up to $10,000 for research, collaborative conferences binational publications, faculty and student research exchanges, instructional development and public education projects are available from UC MEXUS. Projects must be related to Mexico, Chicano populations, or be a collaborative research project in any discipline with investigators at Mexican institutions. Proposals are due Friday, April 15. Call (909) 787-3519.

Advanced clinical cardiology series

The Center for Prehospital Research & Training will offer the class series "Advanced Clinical Cardiology" on Wednesdays, April 6 through June 22, 7 to 9 p.m. The class is designed for paramedics, nurses and other health care personnel who participate in the care of cardiac patients. Tuition is $100; 24 CE credits are available. Call 476-6162 to register.

Service Awards

The awards listed were presented within the last year.

Marilyn Abraham, 15 years, clinical labs, SFGH.
Fermin P. Ballesteros, 10 years, Ambulatory Care Center.
Susan Bishop, 10 years, nursing.
Pamela Brown, 10 years, Ambulatory Care Center.
Barbara Bushnell, 25 years, clinical labs.
Susan E. Carlson, 15 years, nursing.
Wei-Lien Chang, 20 years, clinical labs, SFGH.
George M. Chin, 20 years, hospital accounting.
Helen Chong, 15 years, clinical labs.
Katherine Y. Chuy, 25 years, clinical labs.
Amparo de los Rios, 15 years, Hormone Research Institute.
Olga Dimitratos, 10 years, CVRI.
Warren Doo, 20 years, clinical engineering.
Nayeema Hai, 15 years, clinical labs.
Joan B. Harris, 10 years, clinical labs.
Janet Henry, 15 years, clinical labs.
George A. Hesse, 15 years, CVRI.
Carol M. Hogan, 15 years, clinical labs, SFGH.
Carolyn Hornback, 10 years, nursing services.
Mary K. Kennedy-Breiner, 10 years, nursing.
Shelia Lancaster, 10 years, respiratory therapy.
Susan W. Lee, 20 years, hospital accounting.
Miling Leung Li, 10 years, clinical labs.
Patrick McMullen, 15 years, clinical labs.
Jorge Mestayer, 15 years, clinical labs, SFGH.
Carol A. Murray, 10 years, nursing, Mount Zion.
Bonnie Odell, 20 years, clinical labs.
Nannette Perez, 10 years, nursing.
Felisa Perry, 10 years, Ambulatory Care Center.
Booker Pullen, 10 years, CVRI.
Florencia Poli, 10 years, emergency.
Gary C. Robles, 10 years, clinical labs, SFGH.
Jonathan C. Roebuck, 10 years, clinical labs, SFGH.
Elizabeth San-Luis, 15 years, nursing.
Dannette Scott, 10 years, nursing services.
Chu-Hong Soohoo, 10 years, nursing services.
Carolyn Steele, 10 years, quality management, Mount Zion.
Alex Stuart, 20 years, radiology.
Tammy Wade, 10 years, Ambulatory Care Center.
Nancie Ward, 10 years, pediatrics.
Ronald Young, 20 years, clinical labs.
Karen Yip, 10 years, clinical labs, SFGH.
Chita Zamora, 20 yeas, clinical labs, SFGH.

Fun Zone

March 30 is free night at the Exploratorium

If you're in the mood to take your family to the Exploratorium, next Wednesday, March 30, is a good night to go. It's UCSF Night at the Exploratorium in honor of Women's History Month — which means UCSF students, faculty, staff and their families get in free. Besides the hundreds of exhibits, there will be entertainment and catering by Cart Wheels and Kuleto's. Bring your ID. Tickets are required. For more information and tickets, call EMPACT!, 476-2675.

Also on the agenda:

• **Single Mingle.** Monday, March 28, 4:30 to 6:30 p.m. Millberry Conference Center. All Dating Game entrants and contestants will be present. Meet the bachelors and bachelorettes of UCSF. For more information, call EMPACT!, 476-2675.

• **Annual Raffle.** EMPACT! will begin its annual raffle ticket sales in April. Ticket sellers are needed. Top two ticket sellers will win round-trip tickets to anywhere in the Continental US, compliments of American Express Travel. Call EMPACT!, 476-2675.

• **New aerobics program format.** Millberry will conduct a trial run for a new aerobics class registration system from April 9 through September 25. Pre-registration will be eliminated and classes will be ongoing. Participants will buy class coupons or class series cards which can be used for all exercise classes. For more information, call Bonnie Boka at 502-4397.

Thinking of getting married?

Fifth in a series of articles submitted by Financial Planning director John Beeson:

Many couples talk about everything except money before getting married or committing to a partnership. This can be dangerous, because marriage is, among other things, an economic partnership. The following is a list of financial questions couples should discuss before getting married:

• How much money each person earns
• How much debt each person owes
• How income will be handled after the wedding day — joint or separate account?
• Who will pay the bills & balance the checkbook?
• How will assets be titled?
• How will you save for major purchases such as a house?

Couples need to learn how to communicate about money issues. It is important to be able to discuss financial goals and priorities and come to agreements — even if each partner has a different point of view.

Call UCSF Financial Planning at 476-9256 with your questions about personal financial planning.

Discounts on wellness classes

UCSF Health Net is offering discounts (of up to 100%) on the following Millberry classes:

• **Eating Well.** Tuesday, April 14, 5:30-7 p.m. Free to Health Net members. Nutrition tips to help you increase your energy, lose weight and feel better.

• **Lighten up.** Thursdays, April 14 through June 16, 5:30-7 p.m. $75 for Health Net members. A sensible approach to achieving and maintaining weight goals.

• **Stress management.** Monday, April 18, 6-9 p.m. Free to Health Net members. Register in person at the Millberry Fitness Desk (show white Health Net ID card for discount).

Call 476-9638 for information on other discounted classes, including "Shapedown" for children and teens, and the Step by Step weight loss group.

Fund Performances

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of February 28, 1994). The new annualized yield reflects the annual yield that could be achieved if the current monthly rate were compounded for one year.

	Monthly Values	Annual Rate	Annualized Yield
Savings	.0051	6.58%	6.68%
Money Mkt	.0024	3.19%	3.19%
ICCF	.0060	7.82%	7.98%
	Unit Value	12-Month Change	3-Year Avg. Annualized Yield
Bond	$64.52	10.3%	14.9%
Equity	$101.05	9.7%	12.2%
Multi-Asset	$14.70	8.3%	10.3%

The investment results, as measured by total return figures given above, represent past performance and should not be considered indicative of future results. If you have questions, please call 476-9256.

Faculty Wives will sponsor Filoli tour

The Faculty Wives & Associates have planned a tour of Filoli Gardens in Woodside in conjunction with their next meeting on Wednesday, April 6. Brunch at the Peninsula Golf & Country Club at 10:45 a.m. will precede the tour. Brunch is $15; the tour is $8. Call Donna Brandborg at 282-6176 for more information.

Oral biology seminar

The Research Center for Oral Biology will sponsor a day-long symposium, "Morphogenesis and Repair of Connective Tissue," on Friday, April 15, from 8:30 a.m. to 5 p.m. in Room C 701. Attendance is open to all.

RCOB director Caroline Damsky says a slate of outstanding speakers from Harvard, Scripps, USC and other prestigious institutions including our own, will address the role of extra cellular matrix and growth regulatory factors in muscle, skeletal, blood vessel and craniofacial differentiation. For more information, call 476-2944.

Ulcerative colitis

Volunteers with ulcerative colitis are needed for a clinical study to evaluate the drug Balsalazide. All inquiries are welcome. For further information, call Chiye Shraeder, study coordinator, or Robert Willenbucher, director of the UCSF Center for Inflammatory Bowel Disease, 502-4444.

Voyage *(from page 1)*

leave the gathering with a better understanding of science and medicine as the new century dawns and better prepared to make wise decisions about their own health as well.

Speakers at the event include Keith Yamamoto, professor and vice chair of biochemistry; Steven Schroeder, president of the Robert Wood Johnson Foundation and former UCSF faculty member; Charles A. Sanders, chairman of Glaxo Pharmaceuticals in North Carolina's Research Triangle; Mark Smith, executive vice president of the Henry J. Kaiser Family Foundation; Virginia Ernster, chair of UCSF's department of epidemiology and biostatistics; and Bruce Alberts, president of the National Academy of Sciences and UCSF professor of biochemistry and biophysics. Hillary Rodham Clinton also has been invited to speak.

For your convenience, you may register for the symposium by using the on page 1.

Medsounds Continued

Susan Miller is painting the mayor

Susan Miller, an administrative assistant in the Hematology Lab, says that when she first learned of the pay cut last year, she was so upset that she vowed to put her mind to her painting, if for no other reason than to make some extra money.

Her pledge worked. She's been painting up a storm ever since. And the more she paints, the more commissions she seems to get — and the more projects she gets herself into.

Her favorite project at the moment is the portrait she's painting of Mayor Frank Jordan. "It's amazing how this happened," she says. One day last fall she was in a North Beach establishment across the street from a gallery where she was showing her paintings, and in walks the Mayor and his wife. She says she had a sudden impulse to offer to do his portrait. "I actually walked right up and asked if he'd be interested."

To her amazement, he said he was. They made arrangements for a photo sitting in preparation for the painting, and now she is in the midst of bringing the portrait to completion.

It's not a rapid process, she says, partly because of time constraints. She's also working on a portrait for the family of Kevin Collins, who disappeared from his Haight district home 10 years ago; various commissions from friends and colleagues, and preparing for shows in North Beach and at UCSF.

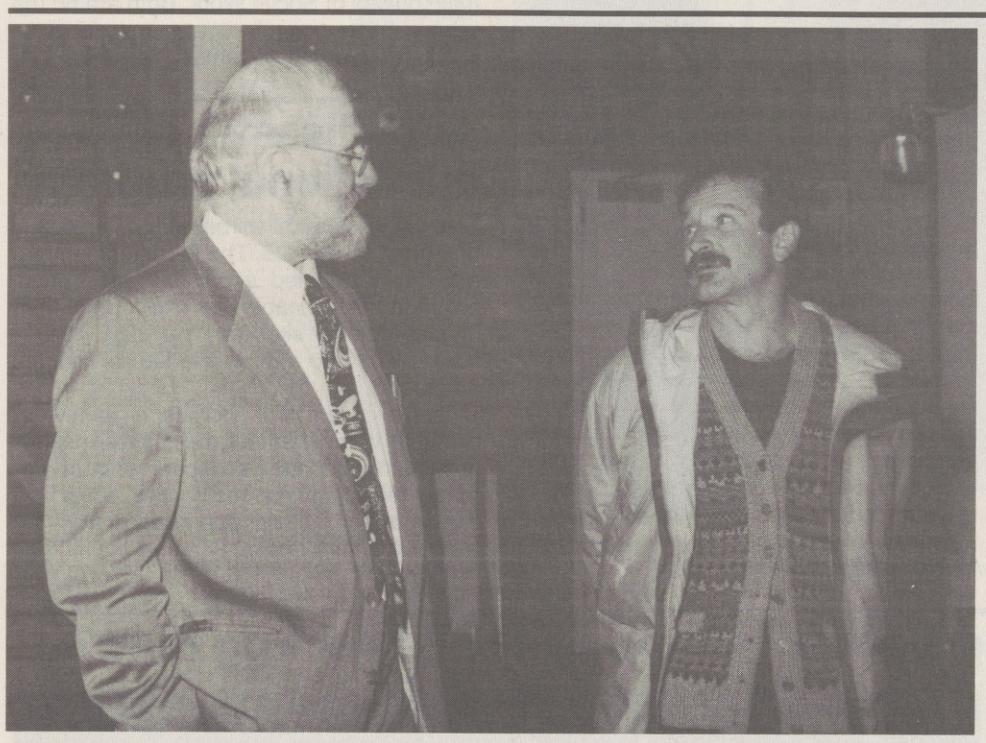
She has a forthcoming show in the Moffitt and ER lobbies (as part of the Auxiliary's ongoing exhibitions) from April 25 through May 23, and another at Vesuvio on Columbus Street from May 15 through 31. For both of these shows she'll display her other specialty — watercolors of North Beach street scenes.

Her street scenes also are on display in an ongoing show at Mike's Butcher Shop in the 828 Irving Street Market between 9th and 10th Avenues.

Miller graduated from the San Francisco Art Institute's College of Fine Arts in 1974, then proceeded to paint at intervals over the next few years. "I wasn't really doing that much with it," she says. She started painting regularly with a friend in the mid '80s, just to keep up her craft. But it wasn't until this past year that things really started happening for her.

"I'd like to say that something good came out of adversity," she says. But she doesn't want to make it look like she's grateful for the pay cut.

Miller, holding a portrait she did of another one of her favorite people



Oliver Sacks fans had their field day

Yes, Oliver Sacks was everything the audience hoped he would be as the speaker for the recent benefit at the Palace of Fine Arts for the UCSF Tourette's and Tic Disorders Clinic. The famed neurologist and author was funny, spontaneous, rambling and often touching in his verbal sketches of patients he has known and followed.

Sacks did indeed revisit *Awakenings,* as the title of his talk suggested he would do. In fact, he even had the opportunity to revisit the star of the movie *Awakenings* based on Sack's book. Robin Williams, who played Sacks in the movie, introduced him, and both men talked about what it was like to portray, or to be portrayed — each finding the other to be a genius.

Sacks also described a number of cases of Tourette's syndrome, the neurological condition characterized by tics and compulsive behavior. He noted in his talk that the local population of individuals with Tourette's, tics or related conditions was blessed to have the Tourette's and Tic Disorders Clinic at LPPI, not only because it is the only clinic of its kind on the West Coast, but also because of director Thomas Lowe, a child psychiatrist whom he called "one of the wisest and most humane people" he knows. He told audience members, many of whom are or have been patients at the clinic, that anyone with the aforementioned disorders "would do well to come to this particular clinic."

Sacks has visited the clinic and consulted with Lowe periodically during the 10 years since the clinic organized. This visit, in fact, marked the 10th anniversary of the clinic. The benefit, which was attended by approximately 400 people from UCSF and the community, was organized by the "Friends of the Tourette's and Tic Disorders Clinic," a group of patients and family members.

For further information on the UCSF Tourette's and Tic Disorders Clinic, call the Department of Psychiatry at LPPI, 476-7213.

Sacks and Williams backstage at the Palace of Fine Arts

Kramer, Challinor and Moore receive prestigious research grant

Pediatric oncology clinical nurse specialist Robin Kramer, education specialist Julia Challinor and nursing professor Ida (Ki) Moore have received a $10,000 grant from the Oncology Nursing Society and Sigma Theta Tau International to develop an instrument to measure whether children are at high, medium or low risk for school failure when first diagnosed with cancer. The official title of their project is the "Development and Evaluation of a School Competence Assessment Scale."

The research will take place at three sites: At UCSF, where Kramer and Challinor are employed; at the University of Arizona, where Moore is an associate professor of nursing; and at Stanford, in collaboration with physician Michael Amylon. Moore is a graduate and former faculty member of the UCSF School of Nursing.

The project is an outgrowth of a position called "educational liaison" in the Division of Pediatric Oncology. You may remember previous articles in *Medsounds* about this position. Kramer came up with the concept, she and Challinor developed the position, a local philanthropic organization called "Bay Echo" funds it, and Challinor, who has master's degrees in nursing and education, holds the job.

In this capacity, she gets involved in all aspects of the education — or, as is often the case, the *interrupted* education — of children diagnosed with cancer. She assesses their risk for problems, works with the schools to arrange for special education classes, goes to the schools and talks with teachers and other students about what it means to have cancer, arranges for tutors — and a whole range of assessment, advocacy and assistance services for young cancer patients.

At this point, Challinor says, when it comes to assessing the children for educational risk, she operates on her knowledge, experience and gut feeling. But the goal is to develop a standardized tool, adaptable for widespread use.

There is much interest in such a tool, says Kramer, and to ensure that the final product will be viable for general use, they wanted to go beyond the walls of UCSF in gathering information for their study — thus the collaboration with U of A and Stanford.

(Left to right) Challinor, Kramer and Moore

MacDonald House needs volunteers

Laura Gerard, manager of Ronald MacDonald House in San Francisco, sends word that the House is in need of volunteers to assist in the office and help with maintenance. The local Ronald MacDonald House, located adjacent to Mount Zion, provides lodging to out-of-town families with severely ill children, many of whom receive care at UCSF, says Gerard. If you're interested, call 673-0891 and leave your name, address and request for a volunteer application.

New rehab organization forming

Kathleen Brown, director of the Department of Rehabilitation Services at Parnassus and Mount Zion, reports that a new professional organization is forming in her field. She and her counterparts in other area hospitals are calling it the "Bay Area Rehabilitation Directors Forum."

She describes its formation as a sign of the times, i.e., an outgrowth of this era of changes and mergers in the health care field.

Once upon a time, she explains, hospitals maintained physical therapy, occupational therapy and speech pathology as three separate units. And there were three separate organizations that the directors of these departments attended regularly to keep one another abreast of developments and changes in the respective fields.

In recent years, as efficiency issues and reorganization came into such focus, hospitals began consolidating these units — first PT and OT together, and now, in many cases, speech pathology as well. Such is the case at UCSF.

"You can imagine the difficulty of trying to attend all three meetings," says Brown. Yet there are many important issues to discuss, not the least of which is how to facilitate crossovers between the various disciplines when staffing size is limited.

Thus, Brown and her counterparts have initiated this new organization for directors of multiple disciplines in rehabilitation. The first meeting was at Mount Zion last month, and another is planned for next month on Parnassus.

Volume 9, Number 6 March 26-April 8, 1994

UCSF Medsounds

Page 1 ... George Kenyon appointed Pharmacy dean

Page 1 ... Comedy night to benefit homeless clinics

Page 3 ... Reunion of epilepsy surgery patients

Medsounds is a section of *Newsbreak* for and about employees of the Medical Center, including Moffitt-Long, the ACC, Mount Zion and Medical Center employees at Mission Center and Laurel Heights.

First combination heart-lung transplant patient hopes to outwit "fate"

June Ramsey was born a "blue baby," which means, due to a heart defect, she didn't have adequate oxygen in her blood. She said the doctors told her parents she wouldn't make it past age 6.

"Well, now I'm almost 40," she says, and she's looking forward to a chance at an even longer, more active life than she had ever hoped for before. At the end of February, she became UCSF's first combination heart-lung transplant patient.

Ramsey, who is part Cherokee Indian, last week returned to her home at Blue Lake Rancheria, a Northern California Indian reservation. Her hopes were up. She says she'd like to ride a bike soon, something she hasn't tried since she was about 15. She even talked about getting a job at a nearby casino — an office job — away from the smoke, she noted.

Ramsey entered the hospital disabled and on oxygen, her ever-deteriorating health the result of a congenital heart defect and pulmonary hypertension.

She had been on the list for the transplant since September 1992, says Celia Rifkin, coordinator for the heart/lung transplant service. "It takes time to find a heart-lung block in the appropriate blood group," says Rifkin. Ramsey received the heart and both lungs of a 23-year-old donor.

Successful heart-lung transplants are performed at other transplant centers, and the technology has been in place at UCSF, says Rifkin. "It's just that June Ramsey was our first appropriate case."

The combination transplant means that multiple clinicians are involved in her care, notes Rifkin. Fraser Keith performed the surgery, and both Jeffrey Golden and Teresa DeMarco are doing the followup — Golden for the lungs and DeMarco for the heart.

June Ramsey (right) looking remarkably fit following her surgery, pictured with Andrea Sandor, a 7 Long clinical nurse filling in for transplant coordinator Celia Rifkin

Three Mount Zion units relocate to 2255 Post Street

This past Tuesday, the staff of the Pain Management Center located at Mount Zion welcomed guests for a tour of their new headquarters at 2255 Post Street (labeled the "N" Building on the Mount Zion map).

Pain Management, which formerly operated out of the old Outpatient Building, is on the ground floor of the newly renovated two-story building. They will be joined shortly by two other departments relocating to the same address: Quality Management, which also is vacating the Outpatient Building, and the main offices of Social Work. Both are on the second floor.

All phone numbers remain the same.

April disaster drill & educational program

The next disaster drill will be held on Parnassus on Tuesday, April 26. The Disaster Committee has scheduled a pre-drill educational program for management staff from both Medical Center sites on Thursday, April 7, from 9 to 10:30 a.m. in the Laurel Heights auditorium.

The program will include a review of changes in the disaster plan, guidelines for developing post-disaster departmental checklists, how to handle radioactive spills and contaminated victims, and a report from the Northridge earthquake.

Do you have diabetes?

Diabetes clinical nurse specialist Mary Sullivan called recently to announce "Diabetes Screening Day," a promotion planned by the American Diabetes Association, in which many hospitals around California, including UCSF, were participating. Unfortunately, this news arrived too late to give advance notice in *Medsounds*. The free screenings took place in the ACC this past Tuesday.

However, if you missed the screening, it is never too late to look for signs of diabetes and get yourself checked if you suspect problems.

Diabetes can be deadly if not managed, she says. The sooner it is detected and managed, the better for your long-term health.

Some symptoms, she says, include:
- Excessive thirst
- Frequent urination
- Extreme fatigue
- Unexplained weight loss
- Blurry vision.

Some of the risk factors for diabetes include:
- Over age 30
- Overweight
- Women who have given birth to a child over nine pounds
- Of Native American descent (very much at risk)
- Of Hispanic or African-American descent (also at risk, but not to the degree of Native Americans)
- Parents have diabetes
- Brothers or sisters have diabetes.

The free screening consisted of an on-the-spot blood sugar test. If the blood sugar was above a certain level, a follow-up appointment was recommended. Sullivan was joined in providing the screenings by the nursing staff from the ACC Diabetes Clinic, the Diabetes Teaching Center and graduate nursing students.

Interested in sponsoring a patient for the April 2 Easter Egg Hunt?

The members of the Hospitals Auxiliary plan to sponsor a number of young clinic patients who would like to take part in the Easter Egg Hunt the organization has planned in conjunction with FAO Schwarz on Saturday, April 2.

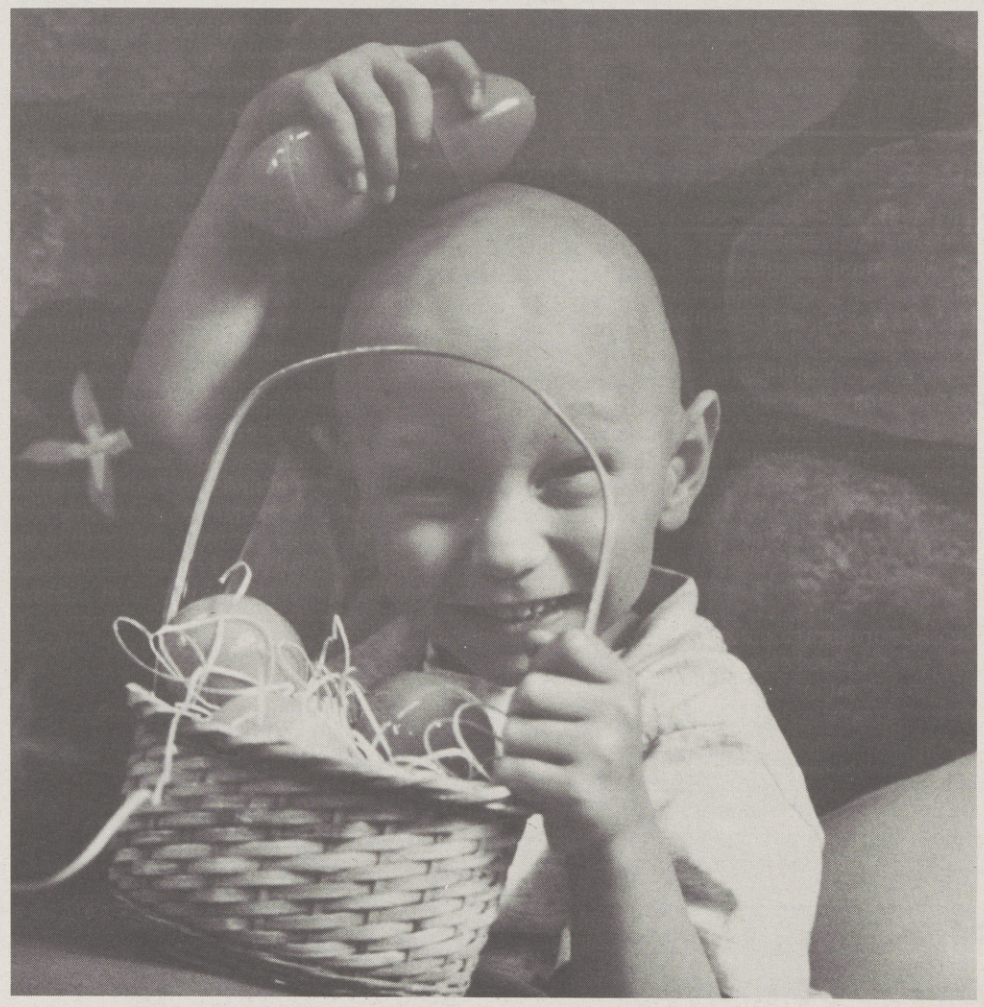
This idea is not limited to members of the Auxiliary. Perhaps you and/or your colleagues would like to get together and buy a ticket for a patient. (Maybe you have someone in mind.) Call the Auxiliary Office, 476-4906, for details.

Or maybe you'd like to sponsor your own child! Your kids — or grandkids, nieces, nephews, neighbors or friends — would no doubt be thrilled to have the opportunity to scurry up and down the floors of FAO Schwarz looking for candy-stuffed eggs. They might even find one of two golden eggs, which the toy store will redeem for a major toy (worth up to $100 each.)

The Easter Egg Hunt will take place beginning at 8:30 a.m. at the Stockton Street store (at O'Farrell). Easter baskets will be provided, as will refreshments for all — provided in part by Rollin' Pin Donuts. The Easter Bunny will make its appearance at the event, and will be more than happy to pose with your child. Bring your camera!

The event also is billed as a "Spring Shopping Spree," because after the hunt, beginning at 10 a.m., you're invited to do a little Easter shopping. FAO Schwarz will donate 10% of your purchase price to the Auxiliary for its work benefiting patients and families in the Medical Center. *Just show this article to an FAO Schwarz personal shopper or manager.*

The donation is $25 per child. Reserve your space by sending a check with your name and phone number to the "UCSF Hospitals Auxiliary," Box 0208. If you have questions, call the above number.



Justin LoMiglio, age four, is among the young patients who have been invited to the egg hunt compliments of the Auxiliary. Justin, who is being treated at UCSF for a rare cancer, is the son of Denise and Dan LoMiglio of McKinleyville in Humboldt County.

Correction

Cindi Drew, manager of Mount Zion Patient Financial and Admission Services, sends word that the article in the last *Medsounds* on Mount Zion's conversion to the Medi-Pac system wasn't entirely accurate.

There was a sentence to the effect that the new system will mean that patients can go back and forth between Mount Zion and Parnassus without going through another registration process.

Not true, says Drew. Registration information (i.e., insurance information) will be shared between the two sites, which will speed up the registration process for patients seeking services at both sites. But following the April 15 conversion to Medi-Pac, patients will still go through the same number of registrations as before.

Call Drew with your questions, 476-9346.

Sedehi promoted

Ramin Sedehi has been promoted to reimbursement manager in the Budget & Reimbursement Department. Sedehi, who has been with the department (and UCSF) since 1990, formerly served as health policy analyst. Sedehi came to UCSF from Marin General Hospital, where he was the financial manager for the Emergency Department.